Set the apparatus to roll the rope the length of the lecture. Bring speed up to maximum possible, then move rope off rotating disk with smooth object such as a pencil.

Do not let loose of a speed control without clamping in position.
Set the apparatus to roll the rope the length of the lecture table. Bring speed up to maximum possible, then move rope off rotating disk with smooth object such as a pencil.

Do not let loose of speed control without first clampin in position.